

# News Letter

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## Cool Cats Newsletter for March 2011



Contact Newsletter Editor at [maketso66@aol.com](mailto:maketso66@aol.com)



**GOLDWING**

The Greatness of a Chapter is most accurately measured by the involvement of it's members

<b>Chapter Directors</b>	<b>Asst Chapter Directors</b>
<b>Danny Wells</b>	<b>Charles Hustace</b>
<b>Treasurer</b>	<b>LeAmm Kelly</b>
<b>Ride Educator</b>	<b>Bruce McMahill</b>
Newsletter Editor	Bert Brown
Chapter Stores	Russ Greaby
Membership Coordinator	Open
Web Master	Jerry Erickson
Spring Fun Run Coordinator	Open
Sunshine	Open
50/50	Jerry Erickson
Phone Tree Coordinator	Phillip Holmes
Chapter Couple	Charles & Lynn Hustace

Our monthly Chapter meeting get together is at the Lynnwood Dennys at 1216 Broadway North Everett. The meeting is on the second Saturday of each month. Breakfast at 8AM Meeting 9AM .

Visit our web site [GWRRA- Everett.com](http://GWRRA- Everett.com)

## CD's Corner

Things have been pretty slow here in Idaho. I've pretty well run the wheels right off the snow blower, and the snow shovel is beyond repair. Two weeks ago I attended the breakfast meeting here with my folks. Really made me miss Chapter C. I'd like to thank all of you that did visitations this past month, and those of you who plan to do them in the future. I had planned on coming over to visit a couple of chapters myself, but we have been having some sub zero temps the last couple weeks.....we really miss Bruce when it gets this cold. Nothing would stop him. Don't forget to start collecting Fun Run gifts Don't forget the Planning Meeting this Sunday at Phil & Judy's house, 10 a.m. March 6.

Danny and his new two wheeler.



## Seniors are testing and tweeting, there appears to be a need for STC (Senior Texting Codes.)

ATD; At the Doctor's  
BFF; Best Friend Fainted  
BTW; Bring the Wheelchair  
BYOT; Bring Your Own Teeth  
CBM; Covered by Medicare  
CUATSC; See You at the Senior Center  
DWI; Driving While Incontinent  
FWBB; Friend With Beta Blockers  
FWIW; Forgot Where I Was  
FYI; Found Your Insulin  
GGPBL; Gotta Go, Pacemaker Battery Low!  
GHA; Got Heartburn Again  
IMHO; Is My Hearing Aid On?  
LMDO; Ladughing My Dentures Out  
LOL; Living on Lipitor  
LWO; Lawrence Welk's ON  
OMMR; On My Massage Recliner  
OMSG; Oh My! Sorry, Gas.  
ROFL; Rolling On the Floor Laughing  
CGU; Can't Get Up  
TTYL; Talk to you Later  
WAITT; Who Am I Talking To?  
WTP; Where's the Prunes?  
WWNO; Walker Wheels Need Oil

## Smart Mouth Answers

A lady was picking through the frozen turkeys at the grocery store but she couldn't find one big enough for her family. She

asked a stock boy, 'Do these turkeys get any bigger?'. The stock boy replied, 'No ma'am, they're dead.'

The police officer got out of his car as the kid who was stopped for speeding rolled down his window. 'I've been waiting for you all day the officer said. The kid replied, Yeah, well I got here as fast as I could.' When the cop finally stopped laughing, he sent the kid on the way without a ticket.

A truck driver was driving along on the freeway and noticed a sign that read: Low Bridge Ahead. Before he knew it, the bridge is right in front of him and his truck gets wedged under it. Cars are backed up for miles. Finally a police car comes up. The cop gets out of his car and walks to the truck driver, puts his hands on his hips and says, 'Got stuck, huh?' The truck driver says, 'No, I was delivering this bridge and I ran out of fuel.'

It was mealtime during an airline flight. 'Would you like dinner?', the flight attendant asked John, seated in front. 'What are my choices?' John asked. 'Yes or No.' she replied.



Toni Murphy 19<sup>th</sup>

Brittney Wells 22<sup>nd</sup>

Judy Holmes 23<sup>rd</sup>

Jerry Erickson 24<sup>th</sup>

Scott Murphy 30<sup>th</sup>



Scott & Tonie Murphy





## **Subject: FW: The moral of asking for directions....For those who need a laugh**

As a bagpiper, I play many gigs. Recently I was asked by a funeral director to play at a graveside service for a homeless man. He had no family or friends, so the service was to be at a pauper's cemetery in the Kentucky back country.

As I was not familiar with the backwoods, I got lost and, being a typical man, I didn't stop for directions. I finally arrived an hour late and saw the funeral guy had evidently gone and the hearse was nowhere in sight. There were only the diggers and crew left and they were eating lunch.

I felt badly and apologized to the men for being late. I went to the side of the grave and looked down and the vault lid was already

in place, some dirt already covering the lid. I didn't know what else to do, so I started to play.

The workers put down their lunches and began to gather around. I played out my heart and soul for this man with no family and friends. I played like I've never played before for this homeless man. And as I played 'Amazing Grace,' the workers began to weep. They wept, I wept, we all wept together. When I finished I packed up my bagpipes and started for my car.

Though my head hung low, my heart was full. As I opened the door to my car, I heard one of the workers say, "I never seen nothin' like that before and I been puttin' in septic tanks for twenty years."

Apparently I'm still lost.... it's a man thing.

*Dedicated to my men friends!*

-- Article by Patrick Thomas/Winter

## There are enough **10 Ways to Stay Warm on Your Motorcycle This Winter**

sunny days throughout the winter months it's worth getting out for a ride to make up for all those dreary days when you won't care to ride. And even though a day in January may be sunny, it can be downright cold, so knowing what to wear and how to beat the chill will make your ride much more enjoyable. Times have changed from even 10 years ago. We know a lot more now about how to keep warm than ever before, technology is well ahead of a decade ago and learning the art of staying warm can provide some great riding times ahead.

So we've come up with our top 10 ways to stay warm. If you have one or two be sure to email them over to us.

1. **Get The Wind Out** – You've heard the term 'wind stopper,' but just what does it mean? If the wind gets into your gear it will rob you of your precious body heat. Don't let it happen. If your riding gear is allowing this to occur, replace it with better gear that won't. We've seen a lot of leather and textile sport gear that

has elastic points at the inner knee and on the arms. Great for spring and summer, lousy for cold days.

2. **Put On Your Rain Gear** – One surefire way to keep the wind out is to don a good set of raingear. Rain gear works as a wind stopper and does wonders for maintaining your core temperature.
3. **Dump Your Cotton** – (Cotton is a killer.) Heard this one before? It's my latest mantra and I'd tell you to do the same thing if it were summer too. Cotton gear can get down right uncomfortably cold if it gets wet or retains the slightest amount of your body's moisture. Leave it at home. Cotton and motorcycle riding don't mix well together. Dump your cotton socks, tee shirt, underwear, jeans and sweaters. The sooner the better.
4. **Get Some Synthetic Base Layers** – Ahhh, so now that we've dumped the cotton the question is what to wear. The answer is to get some base layer clothing made of synthetics. Most base layer clothing you can buy at an outdoor store is made for outdoor athletic activities such as skiing, playing football or hiking. Brands like Under Armor were not designed for 'leisure activities' like sitting still on a motorcycle for long durations of time. We solved this issue when we developed our own line of base layer

clothing together with the folks at [Andiamo](#). Our line uses a different blend altogether of synthetic fabrics and does not have a brushed interior so you won't melt when you go indoors. Find out more and consider a pair for yourself.

5. Get Some Real Winter Gloves – Spending \$25 or \$50 on a pair of supposed winter motorcycle gloves will not make you very happy in the end. You need a glove that can insulate with wind crossing over it at 60 mph. There are very few on the market that can do this for long. So far BMW's winter glove seems to retain body warmth the longest, up to about an hour. You can get them at your local BMW dealer that carries the German manufacturer's apparel line. If you need to retain heat longer consider using heated glove inserts (HeatPax) or investing in a set of electrically heated gloves. TechNiche makes a line of heated inserts. The best electric gloves we've found yet are made by Gerbing's Heated Clothing out of Union, Washington.
6. Glove Liners – Already have an expensive pair of winter gloves you don't want to give up, but you'd like to shoot for a little more warmth? The issue with winter gloves is that unless they wick well, your hands will sweat in them and then get cold from being wet. Look for a pair of Thermolite glove liners that will wick the moisture away from your skin. We've seen

them for sale at Seattle Cycle Center and other local dealers.

7. Thermolite Socks – Thermolite is a great fabric when used in socks, too. The folks at ProFeet out of Germany make a great winter Thermolite sock that blends the synthetic fabric with Merino wool to provide warm and dry coverage for your feet.
8. Keep Your Core Warm – The trick to keeping your body warm for a long period of time is to keep the core warm. (Please read this first sentence again.) You can do this by wearing a warm synthetic liner, wearing a fleece vest or purchasing a heated vest or jacket. There are two types of heated vests on the market. The first is for the once-in-a-while rider who rides only several times a year on cold days. It's called an [air activated heating vest](#) and utilizes carbon charcoal air-activated packets, also known as HeatPax, that create warmth for 16 to 20 hours. The packets are inserted into internal pockets in the vest and can be suspended when not in use by placing them into an air tight bag until they are needed again. The second choice is more for the rider who likes to ride on a regular basis throughout the cold months. For that we recommend an electric vest or jacket. Again my

choice is the Gerbing version as it's Widder counterpart provides for less surface dispersing of heat.

9. Let's Eat – Okay, so while we're on the subject of keeping your core warm, what's the most natural way to do it? By eating of course. Filling your tummy full of food turns on the digestive apparatus generating heat while it's processing the food. If you're cold on your ride it may be time to park and get a bite to eat.
10. More Heat Pax Please – We've already talked about using [HeatPax](#) in your gloves and inserting them into the specially designed vest by TechNiche. Go one step further and get some for your feet to place at the toe points in your boots.

Here we've discussed ways to stay warm based on what you wear and what you eat.

There are several other tricks too like heated (handle) grips and heated seats.

But whatever tricks you use to stay warm on cold days it's good to know you have the chutzpa to enjoy the ride and not dread a forty degree morning cruise!